# Transforming Sustainabilities: Grassroots Narratives in an Age of Transition.

#### An Ethnography of the Dark Mountain Project

#### Jeppe Dyrendom Graugaard

A thesis submitted to the School of Environmental Sciences of the University of East Anglia for the degree of Doctor of Philosophy

July 2014

<sup>©</sup> This copy of the thesis has been supplied on condition that anyone who consults it is understood to recognise that its copyright rests with the author and that use of any information derived there from must be in accordance with current UK Copyright Law. In addition, any quotation or extract must include full attribution.

#### **Abstract**

The framing of sustainability as a goal of aligning human needs with protection of the environment has been pursued through various definitions and frameworks in policies and programmes across a wide range of contexts. And yet, unsustainable modes of production and consumption are accelerating the global destruction of natural habitats, depletion of resources, release of greenhouse gasses and other forms of pollution. Thus, the nature and scale of the changes that the earth is undergoing is bringing conventional approaches to, and understandings of, the sustainability challenge into question.

This thesis re-examines the framing of the sustainability challenge instead as one of understanding the relations between humans and nature implied by dominant cultural narratives. Through building a theoretical understanding of how human-nature relationships can be understood and studied, and devising a methodology for examining individual and collective ontologies and epistemologies, it investigates how alternative worldviews are imagined and embodied in grassroots innovations. Specifically, it provides an indepth ethnographic study of the Dark Mountain Project – a network of writers, artists and thinkers who explore cultural narratives that move beyond the meta-narrative of progress. It shows how engaging with the beliefs and assumptions entailed by the dominant Western meta-narrative can open up for new knowledges and actions to address the sustainability challenge.

The thesis suggests that creating sustainable ways of living involves active participation in the way 'sustainability' is imagined, storied and enacted. Findings indicate that creating spaces for active experimentation with alternate ways of seeing, co-creation of new vocabularies and development of creative practices, is a direct way to enable re-narration and re-experiencing of human-nature relations. It concludes that engaging with transitions in worldviews as a transformation in the experience of social life provides a promising starting point for future work on the sustainability challenge.

## **Contents**

Al	bstrac	et		3
Li	st of l	Figures		9
Li	st of '	<b>Fables</b>		11
A	cknov	vledgem	nents	13
Pı	ologu	ıe		19
1	Intr	oductio	o <b>n</b>	25
	1.1	Motiva	ation and rationale behind this research	26
		1.1.1	Sustainability: framing humans and nature	28
		1.1.2	Transitions: fostering alternative sustainabilities	32
		1.1.3	Transitioning to new forms of environment-making	34
	1.2	Frami	ng and composition of the thesis	36
		1.2.1	Research questions	37
		1.2.2	Outline of the thesis	38
2	Ont	o-episte	emological transitions towards sustainability	41
	2.1	Grassr	roots innovations for sustainable consumption	42
		2.1.1	Overview of the field and current research challenges	43
		2.1.2	Conceptualising grassroots (sustainability) innovations as trans-	
			formations in ontology and epistemology	45
	2.2	Onto-	epistemological transitions	47
		2.2.1	Transitions theory and social change	50
		2.2.2	Transition as cultural evolution	53
		2.2.3	The double disengagement from social phenomena	56
		2.2.4	Transition as a transformation within social life	59
	2.3	The ru	tles and visions that guide environment-making	62
		2.3.1	Constellating an alternate reality	63
		2.3.2	New vocabularies and 'plots' for onto-epistemological transitions	65
		2.3.3	Mythopoesis and meaning	68
		2.3.4	Metaphoric resonance and cultural myth	70

6 CONTENTS

		2.3.5	Co-creating reality through stories	. 72
		2.3.6	Re-narrating sustainabilities in grassroots innovations	. 74
	2.4	Chapte	er summary	. 75
3	Rese	earchin	g onto-epistemological change	<b>7</b> 9
	3.1	Const	ructing the travel guide	. 80
		3.1.1	(Auto-)ethnography and phenomenology	. 81
		3.1.2	Narrative inquiry and methods	. 85
		3.1.3	Participatory research	. 87
	3.2	Develo	oping the case study	. 91
		3.2.1	Following the narrative	. 93
		3.2.2	Ensuring transparency	. 95
		3.2.3	Ethics, emergence and co-producing realities	. 100
	3.3	Conne	ecting the trails	. 102
		3.3.1	What am I listening and looking for?	. 102
		3.3.2	Data collection and construction	. 105
		3.3.3	Interpretation and story building	. 109
		3.3.4	The nuts, bolts and cracks of this thesis	. 111
		3.3.5	Originality and limitations of the methodology	. 114
4	Beyo	ond civi	ilisation	119
	4.1	What	do you do, after you stop pretending?	. 120
	4.2	Unciv	ilisation as a space between parallel narratives	. 125
	4.3	Chang	ging the rules of the game	. 129
	4.4	Shiftir	ng worldview: from Logos to Mythos	. 132
	4.5	To the	foothills of the mountain	. 136
	4.6	Curati	ng and holding the conversation	. 140
	4.7	Movin	ng beyond the realm of civilisation	. 143
	4.8	Ventu	ring into the unknown	. 147
5	(Re)	imagin	ing reality	151
	5.1	Findin	ng community	. 152
	5.2	The re	eality of collapse	. 155
	5.3	Desce	nding into the future	. 160
	5.4	Betwe	en stories	. 164
	5.5	Rewor	rking the frames of reference	. 168
	5.6	Embo	dying change in creative practice	. 172
	5.7	Re-sto	orying: the narrator of the lifeworld as poet	. 178
6	Emb	odying	g the future	183
	6.1	•	chantment and relationship with place	. 184
	6.2		ime and embodied temporalities	
	6.3		visation as an attitude and mode of organisation	

CONTENTS	7
COMEMIA	,

	6.4	Craft and the vernacular	199
	6.5	Innovation at the level of the rules	203
	6.6	Down the dark mountain	208
7	Con	clusions: transforming sustainabilities	215
	7.1	Answering the research questions	216
	7.2	Re-narrating sustainabilities	219
	7.3	Diffusion of the rules and visions of environment-making	222
	7.4	Re-storying the lifeworld as journeying	226
	7.5	Grassroots narratives and sustainability transitions	229
Ep	oilogu	e	235
Aį	pend	ix A	241
Aį	pend	ix B	245
Aį	pend	ix C	249
Aį	ppend	ix D	253
Aį	ppend	ix E	255
Aį	ppend	ix F	257
Aį	ppend	ix G	261
AĮ	ppend	ix H	263
Aį	ppend	ix I	273
Bi	bliogı	raphy	285

## **List of Figures**

1.1	The multi-level perspective	33
2.1	Niche-regimes-landscape as nested hierarchy	52
2.2	Worldviews from the vantage point of the 'doubly disengaged' observer	56
2.3	The environment viewed as (A) lifeworld and (B) globe. $\dots \dots$	67
3.1	Overview of different approaches in narrative research	86
3.2	Characteristics of action research	88
3.3	Initial case selections mapped according to sustainability visions and in-	
	novation focus	92
3.4	Different visions and approaches to sustainability across the initial case	
	selections	93
3.5	Different 'narrative sites' in the case study	94
3.6	Screenshot of the webpage I maintained for the research project	96
3.7	Screenshot of my blog <i>Remembering</i>	98
3.8	Patterning of the different types of data	104
3.9	The emergent form of participatory research	104
3.10	Initial motifs found in the Dark Mountain manifesto	110
3.11	Pilot thematic groupings for interview-conversations	111
4.1	Paul Kingsnorth and Dougald Hine.	121
4.2	Programme for the 2011 <i>Uncivilisation</i> festival	124
4.3	Jamie Jackson, 'Intertext'	127
4.4	Kim Holleman, 'The Layers'	129
4.5	Plant medicine walk with Mark Watson	133
4.6	Portal at the 2012 <i>Uncivilisation</i> festival	136
4.7	'The Dark Marshes', Dark Mountain Norwich group	139
4.8	Participants at Tom Hirons' workshop 'This is how we make Real People'.	142
4.9	Jackie Taylor, 'Sediment of Memory'	147
5.1	The hearth	154
5.2	Moment from 'Funeral for a Lost Species'	156
5.3	Mat Osmond, 'Hare'	159
5.4	Bridget McKenzie, Untitled.	163

5.5	Mearstapan at Uncivilisation 2012
5.6	Midnight ceremony at <i>Uncivilisation</i> 2013
5.7	Kim Major-George, 'Going with the flow'
5.8	The General Assembly, 'Dark Mountain Music' album cover 173
5.9	'Liminal'. Performance at <i>Uncivilisation</i> 2011
5.10	Dougie Strang, 'Roe deer'
5.11	Rima Staines, 'The Alchemist'
6.1	Thomas Keyes, 'Roe deer in spring Birch'
6.2	Tom Hirons, 'Twyford Down'
6.3	Jamie Jackson, 'Intertext'
6.4	Mr. Fox at <i>The Telling</i> 2013
6.5	Mearcstapa eyed at <i>Uncivilisation</i> 2012
6.6	Closing ceremony at <i>Uncivilisation</i> 2012
6.7	Making iron in a clay foundry at <i>The Telling</i> 2013
6.8	Parachute stage at <i>Uncivilisation</i> 2013
6.9	Putting up a hexayurt at <i>Uncivilisation</i> 2011
6.10	Closing of the <i>Uncivilisation</i> festival in 2013
6.11	Dave Pollard, 'Towards a sustainable culture'
7.1	The narrator as poet of the lifeworld
7.2	Navigating the narrative landscape
Ep.1	Rensburger Hochbrücke
•	Jutlandic landscape
Ep.3	Depiction of dream of the genii loci of the Hampshire Downs

## **List of Tables**

3.1	Types of projects initially considered	91
3.2	Index of interview-conversations	106
3.3	Index of published interviews	108
A.1	Index of data from Dark Mountain publications referenced in the research	243
B.1	Index of other online data related to the Dark Mountain Project referenced	
	in the research	247
C.1	Index of online diary entries	250
C.2	Index of research related blog posts	251
C.3	Index of other material publicly available	251
D.1	Index of audio recordings	254
E.1	Index of blogs followed during the research	255
F1	Example of thematic analysis	260

### Acknowledgements

This research would not have been possible without the support, advice and encouragement from friends, family, colleagues and research participants. First and foremost I would like to thank the mountaineers who made this research what it is. Special thanks to Paul and Dougald for welcoming my presence and helping me at various points down the trails as well as all the conversationalists who shared parts of their journey with me. I am especially grateful to Tony for his friendship and clarity of mind, and, in no particular order, Cat, Daniela, Dougie, Andrew, Alex, Emily, Bridget, Allie, Steve Wheeler, Steve Thorp, Sharon, Vinay, Laura, Anna, Roger, Jay, Andy, Tom & Rima, the good people of the hearth, the stag and other boundary walkers for sharing their insights and creativity along the way. The people of the Dark Marshes have played a special part in the making of this research and I wish to thank Charlotte, Mark, Kev, Ava, Diana and Mathis for their amity, good food and bright spirits. Thanks also to the wider Dark Mountain community for their determination that other ways of life are possible and to the artists and photographers who let me use their work in this thesis.

I would like to thank my supervisors who provided invaluable feedback throughout the research: Gill Seyfang for recognising where I was going and seeing me through, Jason Chilvers for saving the day at a difficult moment and Tom Hargreaves for access to his encyclopaedic knowledge of social science. This project would not have been the same without their advice.

There is a wider circle of academics who supported this research through advice, discussions and feedback: the 3S and grassroots innovations research groups, Mike Hulme, Alex Haxeltine, Noel Longhurst, Richard Hauxwell-Baldwin, Rachael Durrant, Rebecca White, Oliver Andrews and Chris Foulds. Thanks also to Stefan Skrimshire and Peter Simmons who helped me tighten my terminology where it slipped. I am grateful to the Economic and Social Research Council for funding this research.

I would also like to thank the friends and other colleagues who provided support in various ways during this research: Peter, the Pembrokes, Jaap, Jonathan, Dom, Amy, Martin & Helen, Delphine, Susie, Tessy & Laura, Heart-Mindsters and Common Roomers. Morten Svenstrup and Steffen Hven helped me along in important ways through invaluable conversations and insights at different stages of the project. And I am very thankful to those who hosted me during the last year of nomadic writing: familien Graugaard, the inhabitants and guests to Bulderby, husband and wife, Mareike & Braden and Kommunität Grimnitz.

I want to offer thanks to my family for their love and support. To my parents, Helle and Lars: thank you for always being there, for your encouragement and belief in me. You really are the pillar on which my life and work stand. To my sister, Naja: thank you for being a great friend and role model. Your way of seeing and creative approach to life continues to inspire. To Vanessa: thank you for being who you are, for being there and for helping me see past myself. You have helped me in many more ways than you could ever know.

And to those who have gone before: I aspire to honour your wisdom and ways of life, thank you for all you have given.